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"Workers want to telework but long working hours, isolation and inadequate equipment must be tackled"

#### Telework during the pandemic

Oscar Vargas Llave, Eurofound

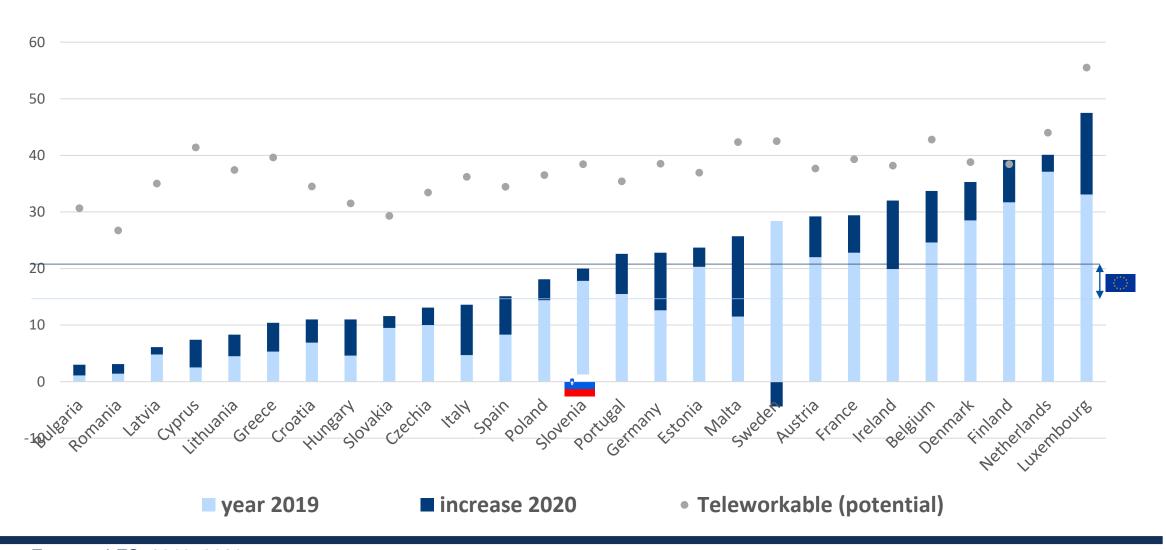
1 December 2021



# Telework prevalence: country differences



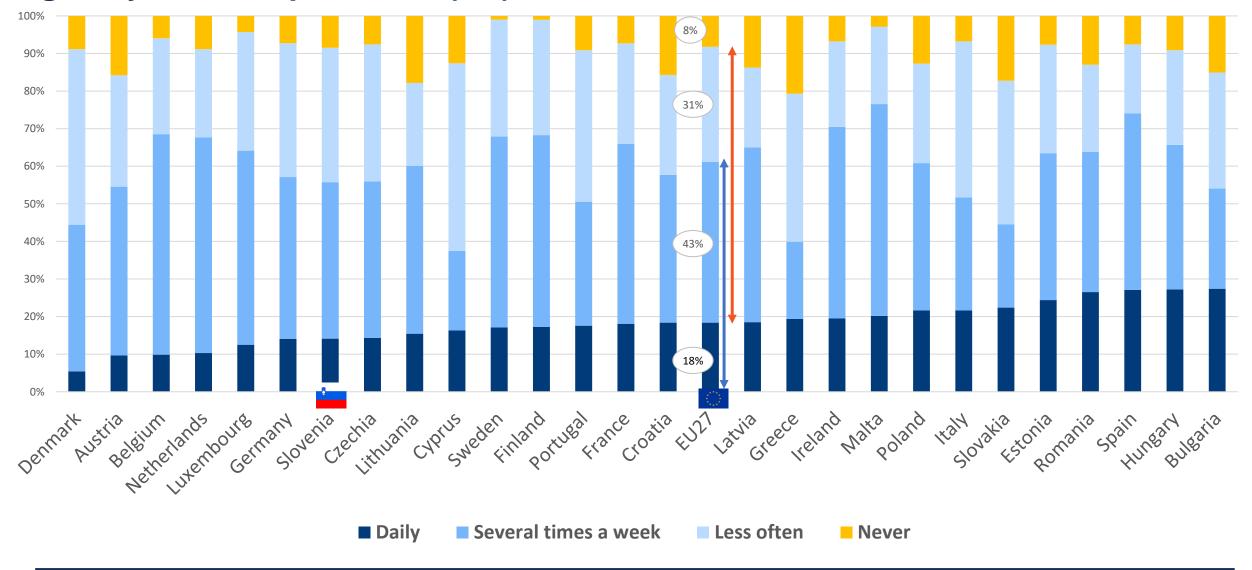
#### Percentage of workers working from home usually or occasionally



Source: Eurostat LFS, 2019, 2020



### Preferences of employees teleworking: almost 2 in 3 would like to telework regularly after the pandemic (EU)



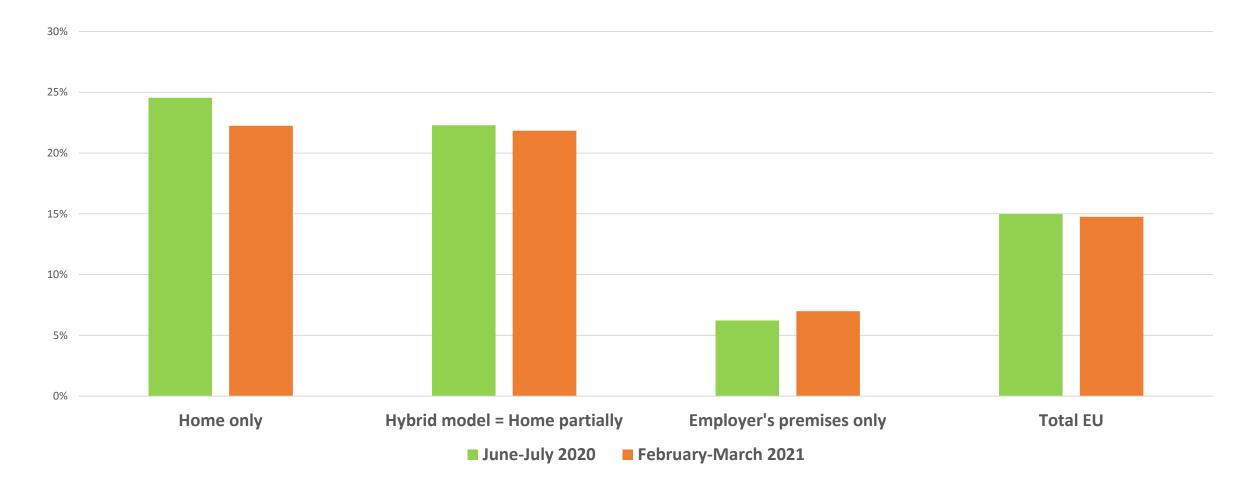




# Telework and organisation of working time

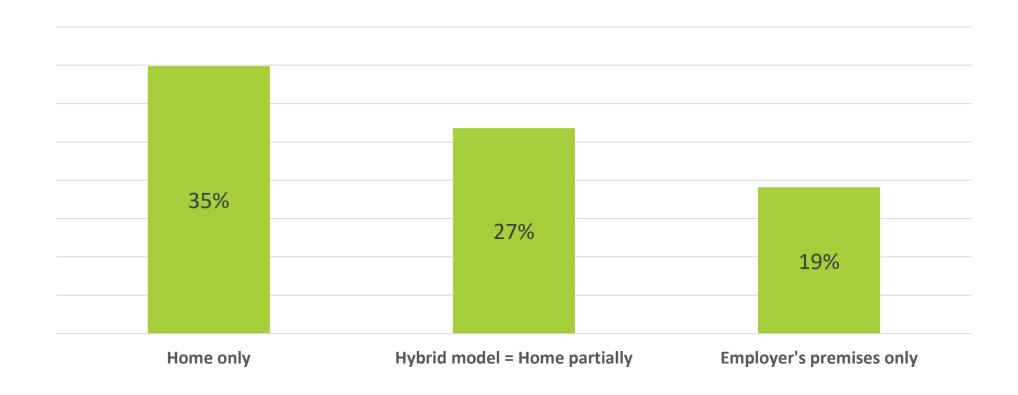


## Share of employees working in a free time (every day or every other day by place of work) .... to meet job demands (EU)



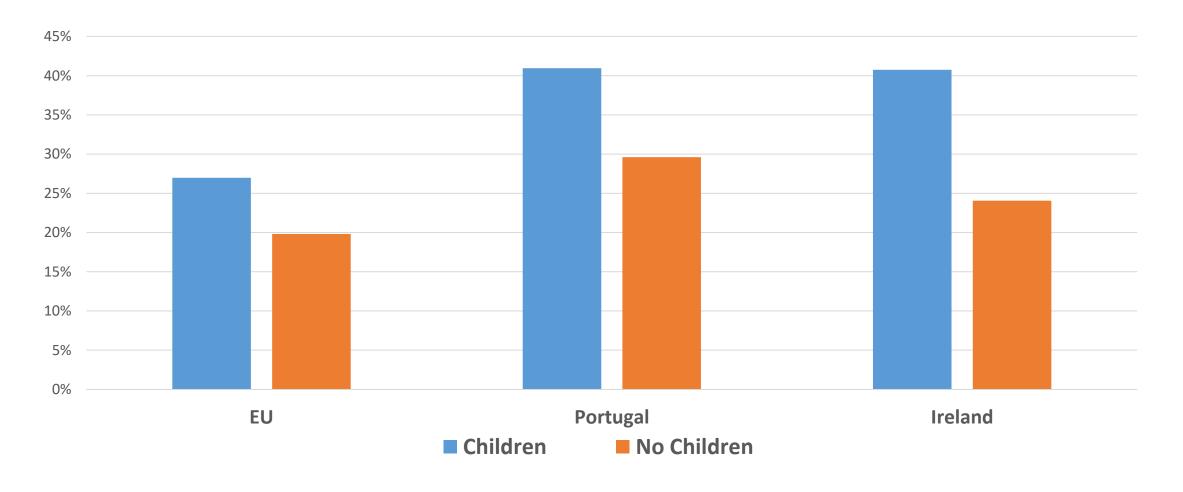


#### Share of employees working more than 40 hours a week (EU)





## Working in a free time, caring and schools closure in strict lockdown (EU)

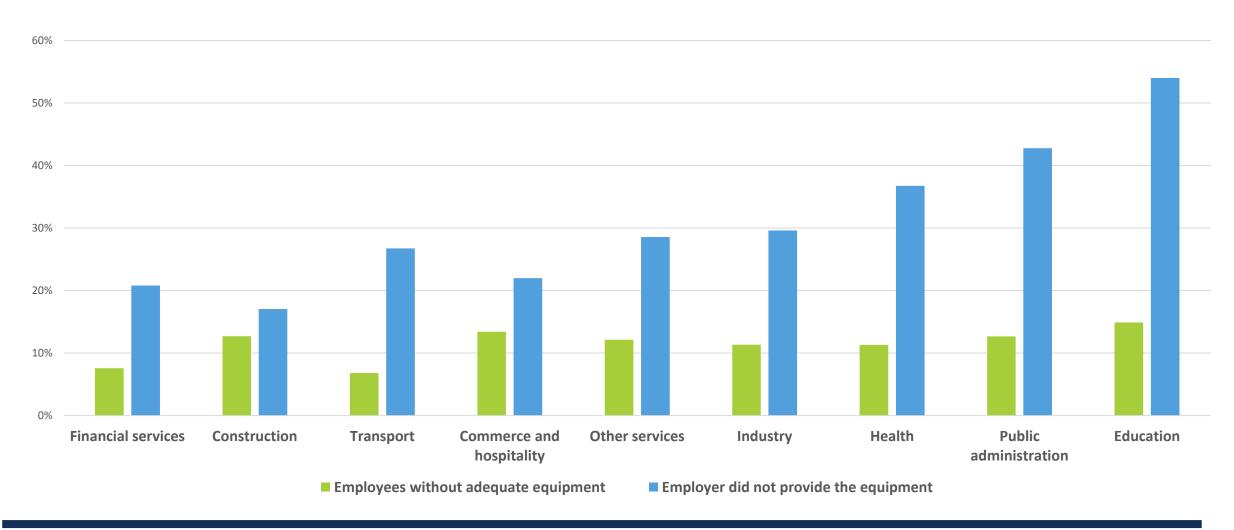




#### **Work environment**

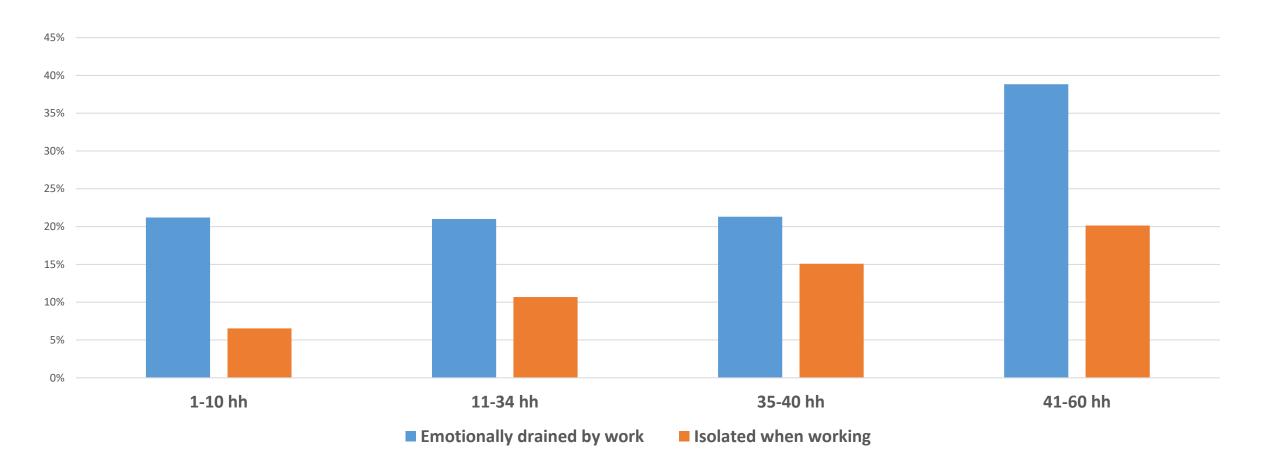


#### Inadequate work equipment and no provision by the employer (EU)





#### Isolation, feeling drained by weekly hours worked from home



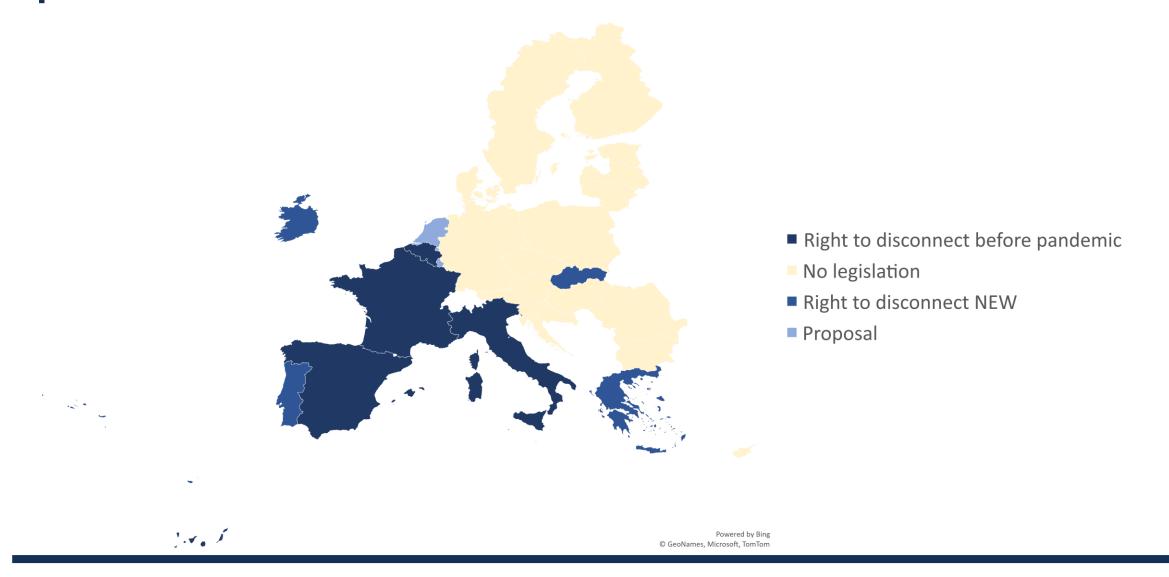
Source: Eurofound, Living, working and COVID-19 survey, second wave, July 2020



## Is a right to disconnect a solution?



## Right to disconnect in the legislation in the EU Member States - update 2021





### employees satisfaction



#### Satisfaction with working from home in the EU

Despite the risks, 71% strongly agree or agree that "overall, I am satisfied with the experience working from home"

- Positive work (social) environment
   / no feelings of isolation
- Good equipment
- No work-family conflict (ability to Concentrate)

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- Reduced commuting
- More efficient use of time
- Improved work life balance
- Autonomy

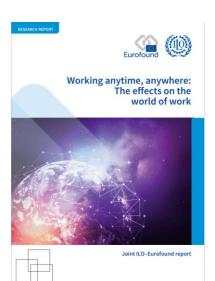


#### Conclusions



- An average of 1 in 5 workers have teleworked during the pandemic in 2020 –
   Similar take up is expected in the future and country differences will remain
- Work-life balance is a real challenge: huge potential for improvement (and deterioration)
- Some "new" elements: lock-down, caring, work-family conflicts, equipment, isolation, exacerbating the working time and health risks ....... But there is scope for improving working conditions in telework
- OSH principles (Directive 89/391/EEC OSH "Framework Directive) applies to telework environment (Framework Agreement on Telework 2002): "The employer is responsible for the protection of the occupational health and safety of the teleworker"
- Social dialogue role is fundamental in shaping conditions for the well-being of workers, while legislation should set minimum standards







Digital age Further exploring the working conditions of ICT-based mobile workers and home-based teleworkers

Working anytime, anywhere: The effects on the world of work



Telework and ICT-based mobile work: Flexible working in the digital age



Industrial relations

Right to disconnect in the

27 EU Member States

Telework and ICT-based mobile work: Flexible working in the digital age

Eurofound

Industrial relations Regulations to address work-life balance in digital flexible working arrangements



Working conditions Right to disconnect: **Exploring company practices** 





Workers want to telework but long working hours, isolation and inadequate equipment must be tackled

Article | 6 September 2021

Forthcoming: **Regulations on** Telework in the **European Union** 

